



***Putting On  
The New Self,  
part 1***

***Ephesians  
4:25-30***

# *Caterpillar*



*Cacoon*



*Butterfly*



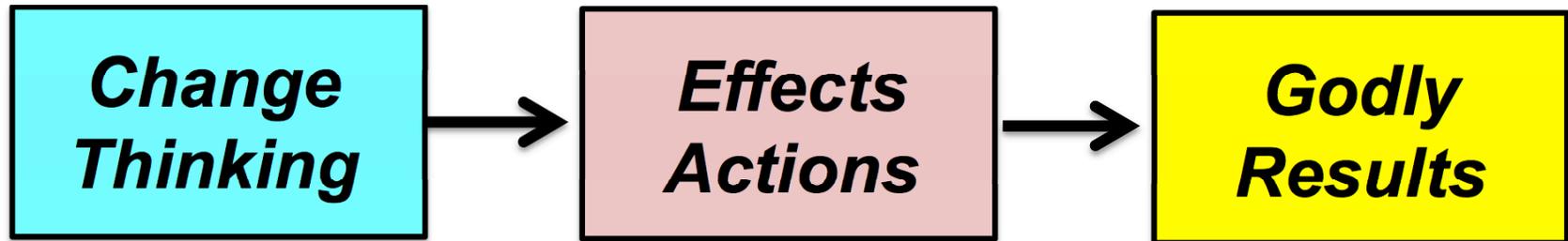


***Dirty, Smelly, Sweaty Job***

# ***Up On The New Self***

***Ephesians 4:22-24***

***Christians***



***Put On The  
New Self***

**1<sup>st</sup> Way To Put On The New Self**  
**Ephesians 4:25**

***Lay aside falsehood***

# **1<sup>st</sup> Way To Put On The New Self**

**Ephesians 4:25**

**Lay aside falsehood**

**John 8:44**

**Proverbs 19:9**

**Numbers 23:19**

**Zechariah 8:16**

**Titus 1:2**

**2<sup>nd</sup> Way To Put On The New Self**  
**Ephesians 4:26-27**

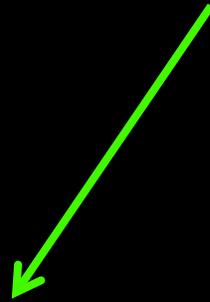
***Be angry and do not sin***

# *Anger*

*... response to injustice*

- *Real*
- *False (perceived)*

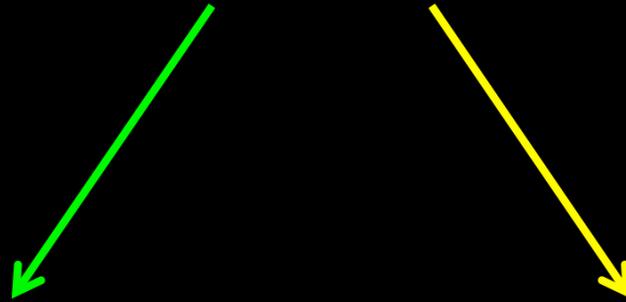
# *Anger*



*Real  
Injustice*

*Deut. 4:21  
1 Kings 11:9-14  
Eccl. 5:5-6  
Dan. 9:16  
Rom. 1:18-19  
John 3:36  
John 3:5  
Ps. 119:53*

# *Anger*



***Real  
Injustice***

***False  
Injustice***

***John 7:24,51  
Eph. 4:31***

# ***Signs of Sinful Anger***

***John 7:24,51***

***Prov. 29:22***

***Eph. 4:31***

***1 Cor. 13:5***

***Rom. 12:19-21***

***James 1:19-20***



# ***Achieving Victory Over Anger***

- 1. Realize anger is a choice***
- 2. Confess your anger as sin***
- 3. Forgive, apologize & seek peace***
- 4. Realize God allowed this trial***
- 5. Give thanks to God for the situation***
- 6. Don't give Satan an opportunity***

**3<sup>rd</sup> Way To Put On The New Self**  
**Ephesians 4:28**

***Steal no longer . . .***

**4<sup>th</sup> Way To Put On The New Self**  
**Ephesians 4:29-30**

***No unwholesome words . . .***

***Col. 3:8***

***Prov. 15:1***

***Col. 4:5-6***

***Eph. 5:4***

# ***How To Put On The New Self***

***Ephesians 4:25-30***

- 1. Start by confessing your sins***
- 2. Ask God to change you***